



Program Clock Time Code

Blue = Station

Brown = Show/Network

:00 – :06 Local (stations may program news / commercials)

:06–:29 Segment 1: Monologue & Interview

(the above includes floating Network/Show Advertiser breaks and flexes between 30 seconds and three minutes of network commercials)

:29 – :34 Local (stations may program news / commercials)

:34 – :40 Segment 2: Interview (cont)

(the above includes floating Network/Show Advertiser breaks and flexes between 30 seconds and two minutes of network commercials)

:40– :43 Local (stations may program commercials)

:43 – :59:50 Segment 3: Interview (cont) & Pick of the Week

(the above includes floating Network/Show Advertiser breaks and flexes between 30 seconds and three minutes of network commercials)

59:50 – 60:00 Local/Station ID

**Your station will receive a total of 45:50 minutes of content*

**14:10 "Local" minutes are available to the stations for news and commercials featuring top and bottom of the hour breaks*